



Wellness Care Platinum

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Wellness Care Platinum

Employee health and wellness is always an important factor in every organization, particularly executive wellness.

Wellness Alliance offers medical services specially tailored for the preventive care of your executives.



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We want to embrace your values to promote Executive health and together meet Healthy Goals to share the company success.





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Laboratories

CBC - CMP - Lipid Panel
Urinalysis - C Reactive Protein
Glycosilated Hemoglobin -
Occult Blood - Thyroid
PSA in men over 40 y/o

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Electrocardiogram and
Stress test

Chest X-ray

Complete Physical
Exam

Abdominal and Pelvic
Sonogram



Visual Screening

Hearing Test

Mental Health
Screening

InBody

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WCP documents will be sent by e-mail to you to fill them and e-mail them back before your appointment day.

You must Fast from 12:00 midnight the night before your appointment.

You may be able to take your medications with 4 onz of water only.

A fecal sample has to be taken by you the night before and place it in the appropriate plastic container and then inside a ziploc bag.



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Your appointment DAY

Blood and urine samples will be taken for CBC, Chemical Profile, Lipid Panel, C Reactive Protein, Thyroid Test, PSA in men after 40 y/o and urine analysis, and others.

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Wear comfortable clothing for the Stress Test.

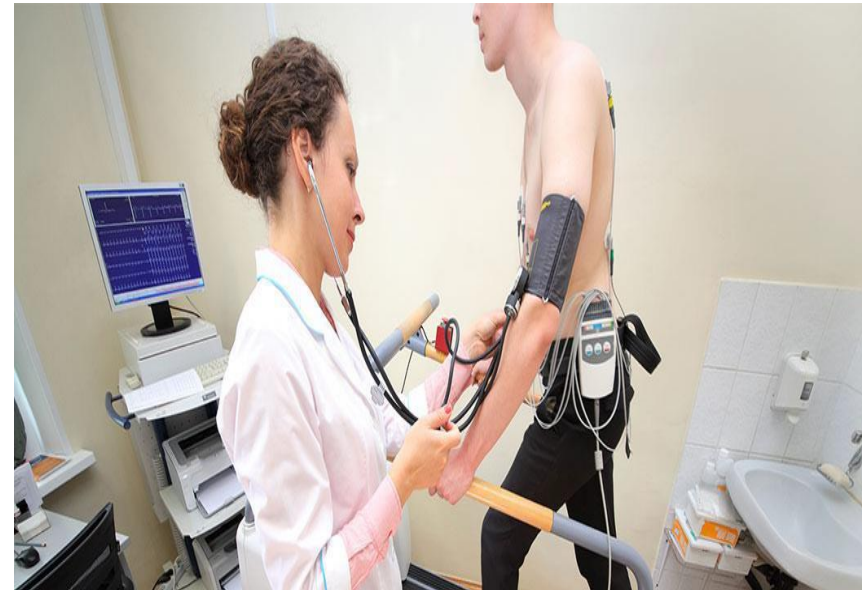
The Stress Test is an exercise test performed to know your cardiotorerance.

The ST last about 15-20 mins and will performed on patient between 30 to 59 years old.

You may not be able to drink coffee before this test.

For Men a T-shirt or a front bottoms short sleeves shirt, shorts pants or exercise pants and walking shoes or snickers.

For Women use a sport or exercise bra or a loose shirt with front bottoms, shorts pants or exercise pants with walking shoes or snickers.



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The Abdominal Sonogram checks your solid organs and is performed while your in fasting state.

This test last about 20 mins.

Pelvic Sonogram will be performed to women only and water will be given for this test.



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Breakfast will be served after Blood Samples, Abdominal Sonogram and Stress Test are completed.

We have two choices for Breakfast:

1. Omelet, with fresh fruits, wheat mini toast, coffee, 100% orange juice and water.
2. Cereal bowl with 2% fat milk, fresh fruits, wheat mini toast, coffee, 100% orange juice and water.



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Audiometry is a test to check your hearing and takes approximately 10 mins.

Visual Screening is a test to check your visual acuity and takes about 15 mins.

Mental Health Screening identifies anxiety and depression disorders and is of extremely importance that your answers are accurate so we can be successful in the recommendations.

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InBody

Get an in-depth analysis of an individual's lean body mass. Evaluate if an individual has a sufficient level of lean body mass in each segment of the body (arms, legs, and trunk) and spot any imbalances between the limbs.

Understand how body water impacts an individual's body by identifying swelling and other types of water retention in the body.

Track changes in Weight, Skeletal Muscle Mass, and Percent Body Fat over time.



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Wellness Alliance wants you to experience our exclusive Momento SPA a moment of relaxation, with our new full body message chair, a noise cancelling Bose headphones with a lounge style music and aroma therapy that will get in touch with all your senses.

